



EXERCISE SCIENCE INTERNSHIPS



About Public Safety Medical

Public Safety Medical (PSM) is the largest medical provider of its kind in the country and is a ministry of Ascension which is the largest Catholic, non-profit healthcare system in the nation. We are recognized nationally for our expertise and experience in serving public safety agencies, as well as for our contributions to research aimed at improving the health and safety of public safety professionals. We have been serving since 1990.

We are represented by over 40 professional staff that include physicians, nurse practitioners, health-fitness professionals, radiology techs, medical assistants, psychologists and researchers.

We currently serve over 300 unique fire, law enforcement, and EMS departments and perform over 10,000 evaluations every year. We are a ministry of St. Vincent Ascension, the nation's largest non-profit healthcare system.

Internship Training

Interns are a valued asset to our organization and we offer a very comprehensive experience to further develop exercise science skills in the following areas:

- Indirect and Direct max treadmill evaluations
- EKG interpretation
- Muscular strength and endurance testing
- Body composition testing
- Flexibility testing
- Exercise prescriptions
- Client consultations



Other Experiences and Opportunities

- Opportunity to serve first responders throughout Indiana
- Development of your skills while adding value to our clients experience
- Opportunity to participate in research projects
- Work alongside a vast network of professionals throughout the St. Vincent Ascension system
- Opportunity to serve and participate in workshops and continuing education for our clients

Internship Dates

Full-time Internships are scheduled for up to 16 weeks. An hourly rate is paid for your service.

- Fall/Winter: September through December
- Winter/Spring: January through April
- Summer: May through August

Minimum Requirements

- At least a college senior with the area of study being Exercise Science or related major
- Completion of all core exercise science courses
- CPR certification

SEE REVERSE FOR INTERNSHIP APPLICATION

PUBLIC SAFETY MEDICAL INTERNSHIP APPLICATION

How to Apply

- Please send the following information to the attention of the internship coordinator at bottom of page:
 - Completed application form
 - Resume with cover letter
 - Copy of CPR certification

Please check the internship(s) you are applying for:

- ☐ *Fall/Winter (Sept.-Dec.)* ☐ *Winter/Spring (Jan.-Apr.)* ☐ *Summer (May-Aug.)*
(Due by 6/30) (Due by 10/15) (Due by 3/15)

Your Name: _____

Address: _____ City _____ State _____ ZIP _____

Phone: () _____ email: _____

Name of college: _____ City _____ State _____

Major: _____ Graduation date: _____

Supervisor's Name: _____ Phone: () _____

Please explain your interest in having your internship at Public Safety Medical:

Please return this application to Traci Moore in **one** of the following three ways:

- **Mail:** Traci Moore, Public Safety Medical, 6612 E. 75th Street, Indianapolis, IN 46250
- **FAX:** 317.972.1190, ATT: Traci Moore
- **E-mail:** traci.moore@ascension.org