

Chicago Fire Fighters Local 2



2018 Free Health Fair

Date: October 2, 3, 4, or 5 (pick one day)

Time: 6:00 to 10:30 am daily

Location: Quinn Fire Academy (558 W. De Koven St)

Date: November 28, 29, or 30 (pick one day)

Time: 6:00 to 10:30 am daily

Location: Quinn Fire Academy (558 W. De Koven St)

This **FREE HEALTH FAIR** is open to all <u>active</u> Local 2 members AND spouses. Space is limited to the first 800 registrants.

Features of the Health Fair:

- 7 different days to choose from!
- Evaluation of risk factors for heart disease
- Blood testing for cholesterol and glucose (fulfills "Chicago Lives Healthy" requirements)
- Body Composition screening with height and weight (fulfills "Chicago Lives Healthy" requirements)
- Blood pressure screening (fulfills "Chicago Lives Healthy" requirements)
- Lung Function Testing (recommended for Local 2 members)
- Additional recommended blood testing for Local 2 members
 - hsCRP blood test (Inflammatory marker for CVD)
 - Insulin blood test
 - PSA- Prostate Specific Ag (Men: ages 40+)
- Health coaching

Questions?

- Local 2: President James T. Tracy, III
 Call Patty @ 773.536.0450, x1-200
- Public Safety Medical
 Call Hannah @ 317.964.2356 or e-mail at
 Hannah.Checkeye@publicsafetymed.com

To Register:

 Visit <u>publicsafetymed.com</u>, click on "Request Appointment" at bottom of page, then click on "Chicago Fire Health Fair".

