



EXERCISE SCIENCE INTERNSHIPS

About Public Safety Medical

Public Safety Medical (PSM) is the largest medical provider in the Midwest that exclusively serves public safety professionals. We specialize in preventing early death and disability for public safety personnel, ultimately reducing liability for departments.

We offer the most progressive medical and fitness evaluations and interventions for Fire, EMS, and Law Enforcement professionals and help them stay on the job and enjoy a long lasting career and retirement.

Currently, PSM serves over 300 unique fire and law enforcement departments and evaluates over 10,000 personnel every year.

Internship Training

Interns are a valued asset to our organization and we offer a very comprehensive experience to further develop exercise science skills in the following areas:

- Sub-max and Max treadmill cardiorespiratory evaluations
- EKG interpretation
- Muscular strength and endurance testing
- Body composition testing
- Flexibility testing
- Exercise prescriptions
- Patient consultations



Other Experiences and Opportunities

- Projects that will develop your skills while adding value to our customers experience
- Writing for our bi-monthly health newsletter
- Participating in research projects
- Developing health education resources for our customers
- Opportunity to participate in “ride-alongs” with police and fire departments

Internship Dates

Internships are scheduled for up to 16 weeks and are full time. Minimum wage is paid for your service.

- Fall/Winter: September through December
- Winter/Spring: January through April
- Summer: May through August

Minimum Requirements

- At least a college senior with the area of study being Exercise Science or related major
- Completion of all core exercise science courses
- CPR certification

SEE REVERSE FOR INTERNSHIP APPLICATION

