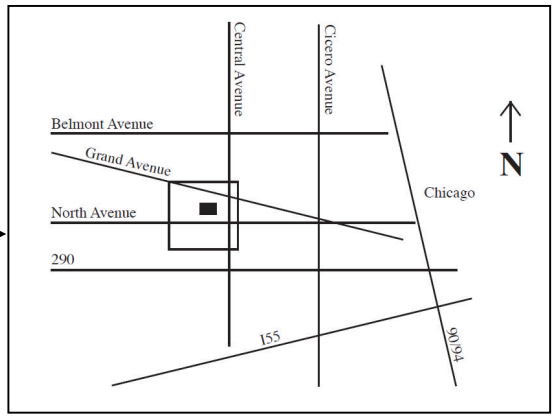
Chicago Fire Fighters Local 2

2014 Free Health Fair

Date: October 22, 23, 24, or 25
Time: 6:30 to 11:30 am daily
Location: Quinn Fire Academy
(558 W. De Koven St)

Date: November 5, 6, 7, or 8
Time: 6:30 to 11:30 am daily
Location: Laborer's Training Center
(5700 W. Homer St/ 1900 N Central Ave)
**Go West at top of the hill, then down the ramp to the Training Center*



This **FREE HEALTH FAIR** is open to all **active** Local 2 members AND spouses. Space is limited to the first 600 registrants.

Features of the Health Fair:

- 8 different days to choose from!
- Evaluation of risk factors for heart disease
- Blood testing for cholesterol and glucose (fulfills "Chicago Lives Healthy" requirements)
- Blood testing for PSA levels (men only)
- Blood testing for thyroid function
- Body mass index screening with height and weight (fulfills "Chicago Lives Healthy" requirements)
- Blood pressure screening (fulfills "Chicago Lives Healthy" requirements)
- Resting cardiac EKG
- Lung Function Testing (Fire and EMS only)
- Health coaching

Questions?

- **Local 2**
  President Tom Ryan's Office
  Call Patty @ 773.536.0450, x1-200
- **Public Safety Medical**
  Call Hannah @ 317.964.2356

To Register:

- **Visit publicsafetymed.com**